

Jindera Preschool Newsletter November 2016

<u>Saturday 12th November</u>	Preschool Working Bee 9.00 Family Barbecue 12.30
<u>Wednesday 23rd November</u>	10.30- 12. Wirraminna on Wheels visit.
<u>Thursday 24th November</u>	Information and Enrolment forms for 2017 will be emailed and available at the Preschool.
<u>Friday 25th November</u>	10 - 11.30 Wirraminna on Wheels visit
<u>Friday 9th December</u>	Enrolment Forms to be returned.
<u>Friday 9th December.</u>	Orientation session for children new to the Preschool.
<u>Wednesday 14th December</u>	End of year performance and party for Monday/ Wednesday children.
<u>Thursday 15th December</u>	End of year performance and party for Tuesday /Thursday children
<u>Friday 16th December</u>	Final session for Friday children and party.
<u>Friday 16th December</u>	Last day of Preschool 2016
<u>Monday 19th & Tuesday 20th December</u>	Staff clean up days.
<u>Friday 27th January 2017</u>	Preschool Reopens for staff
<u>Monday 30th January 2017</u>	Interview day

Family Barbecue

This will be starting at 12.30. Please ensure you have either emailed the Preschool to let us know you are attending or fill out the form near the sign in book before Friday. Sausages in bread will be provided along with drinks and icy poles for the children.

Working Bee

Our last working bee for the year will be on Saturday 12th November at 9.00. A list has been placed out for you to indicate if you will be attending this Working Bee. Attendance at one working bee for the year will get you a refund of your \$30 Maintenance Levy.

Enrolments 2017

Enrolments are still being taken for 2017. Information and forms will be available at the Preschool (and emailed) on Thursday 24th November for all families enrolled for next year.

Wirraminna on Wheels visits

We have organised for Wirraminna on Wheels to visit our children on Wednesday 23rd November and Friday 25th November. Children that attend Monday are able to visit on either Wednesday or Friday to take part in this program. Parents will need to stay with their child for the time of the incursion. Children that attend Tuesday and Thursday are able to come along for the Wednesday program, and again parents will need to stay with their child. The Wednesday program will run from 10.30- 12. and will be Live Water Bugs. This is a very hands on session where children will get to catch and examine many water bugs and learn about them.

The Friday session will be a simplified session about water bugs and will also be a Bush Treasure Hunt in our yard.

Your Fundraising Levy is being used to pay for both these incursions so there is no cost to families.

Reminders

- *Drink bottles with water in them every day. (Children will be reminded to have a drink of water from the bubbler throughout our session times)
- *Hats are required every day in Term 4.
- *Naming children's belongings will help us all. Children have very similar lunch boxes, drink bottles, clothing and other belongings.
- *Please check your family pocket to ensure you get all notices, receipts etc.
- *Safety in our carpark. Please hold your child's hand to keep them, safe.
- *Please be aware children should not be left in the car when bringing your preschooler in for a session or picking them up.
- *Sunscreen to be applied before children enter the Preschool room please.
- *T shirts or clothing that covers children's shoulders please.
- *Preschool sessions are 9-3 and children picked up late will be placed into after Preschool Care at a cost of \$4 per session.

Mosquitoes

We have many mosquitoes around at the moment. You may wish to protect your child by applying Aerogard before they come each morning.

Washing Roster

Our washing roster is working well. Families with children attending on Tuesday's and Thursday's will be receiving the washing this term. Washing will be given to families at the end of the session. We ask that you wash them and fold them in half to be returned to Preschool on the following week

End of year party dates (Early Notice of dates)

Invitations will be sent out by the children closer to the dates of their performances.

Children attending Preschool on Monday this year are able to attend either the Wednesday performance with Leanne or the Friday performance with Olivia.

Children attending Preschool on Tuesday/Thursday will be singing some songs and performing some dances on Thursday 15th December beginning at 2pm. This will be followed by their end of the year party. (This is for children attending T/W/Th)

Children attending Preschool on Wednesday this year will be singing some songs and performing some dances, Wednesday 14th December at 2pm. This will be followed by their end of the year party. (Children attending Monday only may wish to attend this party.)

Children attending Preschool on Friday this year will be singing some songs and performing some dances Friday 15th December at 2pm. This will be followed by their end of the year party.

Please bring along a plate of food to share for each party that you are attending.

The party sessions will finish at our usual finishing time of 3.00 o'clock

A Quick Bite ...

Buying fruit and vege in season

Buying produce in season is a great way to save money. They're fresher, cheaper and taste better. To save money this month look for:

Cabbage	Strawberries
Peas	Cherries
Spring Onions	Lemons
Zucchini	Mandarins
Snow peas	Oranges
Garlic	Plums
Beetroot	



For more information visit

www.mihd.health.nsw.gov.au/services/health-promotion-1

Live Life Well
@ School

NSW Health
Murrumbidgee
Local Health District

munch & move

A Quick Bite ...

Breakfast: Quick, Healthy Ideas for a Great Start

Here are some quick and healthy breakfast ideas that even children can prepare. Encourage your child to have a go at getting their own breakfast ready as they grow and their skills develop.

- Fresh fruit
- Wholemeal or multigrain toast with toppings such as cheese, baked beans or avocado
- Porridge – quick oats
- Muffins
- Crumpets
- Yoghurt
- Cereals such as muesli or wheat flakes
- Boiled egg with toast



Acknowledgement: <http://www.betterhealth.vic.gov.au/>

For more information visit:

www.mihd.health.nsw.gov.au/services/health-promotion-1

Live Life Well
@ School

NSW Health
Murrumbidgee
Local Health District

munch & move